



Personal Wellbeing Through Positive Change

tcp@thechange-project.org - www.thechange-project.org

Couples, Family and Youth Counselling

Discuss the past, improve the present, and plan for the future

Separated Parents Information Programme

Help that focusses on your child's needs, and improves your communication

In School and At Home

Family Support, Child Play Therapy, Whole School Drama Based Therapy

Training Services

Programmes to suit organisations, multi-agency groups and the public

'Talking' Sex Therapy

Difficulties are common; take control, rediscover and improve intimacy

Domestic Abuse Service and Contact Activity Provider

Identify your abusive behaviour, learn how you can change for your children

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The Change Portfolio

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